



**DARLINGTON**  
Borough Council

**Darlington Borough Council**

**Public Health**

**October – March (Quarter 3 & 4)**

**Performance Highlight Report**

**2020 - 21**

## Public Health Performance Introduction

The attached report describes the performance of a number of Contract Indicators and a number of Key or Wider Indicators

**Key Indicators** are reported in different timeframes. Many are only reported annually and the period they are reporting can be more than a year in arrears or related to aggregated periods. The data for these indicators are produced and reported by external agencies such as ONS or PHE. The lag of reporting is due to the complexities of collecting, analysing and reporting of such large data sets. The following schedule (page 3) outlines when the data will be available for the Key indicators and when they will be reported.

Those higher-level population indicators, which are influenced largely by external factors, continue to demonstrate the widening of inequalities, with some key measures of population health showing a continuing trend of a widening gap between Darlington and England. For many of these indicators the Darlington position is mirrored in the widening gap between the North East Region and England.

**Contract Indicators** feed into the Key indicators, are collected by our providers and monitored as part of the contract monitoring and performance meetings held regularly. The Contract indicators within the Public Health performance framework form a selection from the vast number of indicators we have across all of our Public Health contracts. The contract monitoring meetings are scheduled to meet deadlines and inform the performance reports.

**Impact of COVID-19** With the impact of COVID-19 and the implementation of government guidance some key performance indicators in contracts have been affected. This resulted in changes to the ways of working by providers to enable services to be delivered safely.

### Timetable for "Key" Public Health Indicators

Please note the following is based on National reporting schedules and as such is a provisional schedule

#### Q1 Indicators

Indicator Num	Indicator description
PBH 00s	(PHOF C04) Low birth weight of term babies
PBH 016	(PHOF C02a) Under 18's conception rate/1,000
PBH 03s	(PHOF C18) Smoking prevalence in adults (18+) - current smokers (APS)
PBH 04e	(PHOF D02a) Chlamydia detection rate/ 100,000 aged 15 to24
PBH 05e	(PHOF E05a) Under 75 mortality rate from cancer

#### Q3 Indicators

Indicator Num	Indicator description
PBH 013c	(PHOF 2.02ii) Breastfeeding prevalence at 6-8 weeks after birth – current method
PBH 014	(PHOF C06) Smoking status at time of delivery
PBH 01e	(PHOF 2.05ii) Proportion of children aged 2-2.5 years receiving ASQ-3 as part of the Healthy Child Programme or integrated review
PBH 035i	(PHOF C19a) Successful completion of drug treatment-opiate users
PBH 035ii	(PHOF C19b) Successful completion of drug treatment-non opiate users
PBH 035iii	(PHOF C19c) Successful completion of alcohol treatment
PBH 05c*	(PHOF D07) HIV late diagnosis (%)
PBH 05e	(PHOF E04b) Under 75 mortality rate from cardiovascular disease considered preventable (2019 definition)
PBH 06c	(PHOF E07a) Under 75 mortality rate from respiratory disease

\* Please note the figures in this indicator may be suppressed when reported

#### Q2 Indicators

Indicator Num	Indicator description
PBH 04d	(PHOF C21) Admission episodes for alcohol -related conditions (narrow
PBH 04e	(PHOF C26b) Cumulative percentage of the eligible population aged 40-74 offered an NHS Health Check who received an NHS health Check
PBH 05z	(PHOF D10) Adjusted antibiotic prescribing in primary care by the NHS)

#### Q4 Indicators

Indicator Num	Indicator description
PBH 02c	(PHOF C09a) Reception: Prevalence of overweight (including obesity)
PBH 021	(PHOF C09b) Year 6: Prevalence of overweight (including obesity)
PBH 02d	(PHOF C11a) Hospital admissions caused by unintentional and deliberate injuries to children (0-4 years)
PBH 02e	(PHOF C11a) Hospital admissions caused by unintentional and deliberate injuries to children (0-14 years)
PBH 027	(PHOF C11b) Hospital admissions caused by unintentional and deliberate injuries to children (15-24 years)

For the indicators below update schedules are still pending (see detailed list tab for explanation)

PBH 02s	(PHOF 2.09) Smoking Prevalence-15-year-old
PBH 031	(PHOF C14b) Emergency Hospital admissions for intentional Self-Harm)
PBH 05d	(PHOF E02) % of 5 year old's with experience of visible obvious dental decay

<b>Contents: Quarter 3</b>			
<b>Indicator Number</b>	<b>Indicator description</b>	<b>Indicator type</b>	<b>Pages</b>
PBH 013c	(PHOF 2.02ii) Breastfeeding prevalence at 6-8 weeks after birth – current method	Key	8-9
PBH 014	(PHOF C06) Smoking status at time of delivery	Key	10-11
PBH 018	(PHOF 2.05ii) Proportion of children aged 2-2.5years receiving ASQ-3 as part of the Healthy Child Programme or integrated review	Key	12-13
PBH 035i	(PHOF C19a) Successful completion of drug treatment – opiate users	Key	14-15
PBH 035ii	(PHOF C19b) Successful completion of drug treatment – non-opiate users	Key	16-17
PBH 035iii	(PHOF C19c) Successful completion of alcohol treatment	Key	18-19
PBH 050	(PHOF D07) HIV late diagnosis (%)	Key	20-21
PBH 056	(PHOF E04b) Under 75 mortality rate from cardiovascular disease considered preventable (2019 definition)	Key	22-23
PBH 060	(PHOF E07a) Under 75 mortality rate from respiratory disease	Key	24-25
<b>Contents: Quarter 4</b>			
PBH 020	(PHOF C09a) Reception: Prevalence of overweight (including obesity)	Key	26-28
PBH 021	(PHOF C09b) Year 6: Prevalence of overweight (including obesity)	Key	27-28
PBH 024	(PHOF C11a) Hospital admissions caused by unintentional and deliberate injuries to children (0-4 years)	Key	29-31
PBH 026	(PHOF C11a) Hospital admissions caused by unintentional and deliberate injuries to children (0-14 years)	Key	29-31
<b>Indicator Number</b>	<b>Indicator description</b>	<b>Indicator type</b>	<b>Pages</b>

PBH 027	(PHOF C11b) Hospital admissions caused by unintentional and deliberate injuries to children (15-24 years)	Key	29-31
PBH 015	Number of adults identified as smoking in antenatal period	Contract (Management)	32
PBH 037a	Number of young people (under 19) seen by Contraception and Sexual Health (CASH) Service	Contract (Management)	33
PBH 037d	Number of young people (under 19) seen by Genitourinary Medicine (GUM) Service	Contract (Management)	34
PBH 038	Waiting times – number of adult opiates clients waiting over 3 weeks to start first intervention	Contract (Management)	35
PBH 041	Waiting times – number of adult alcohol only clients waiting over 3 weeks to start first intervention	Contract (Management)	36

## Quarter 3 & 4 Performance Summary

### Key Indicators

The Key indicators reported in Q3 are:

- PBH 013c (PHOF 2.02ii) Breastfeeding prevalence at 6-8 weeks after birth – current method
- PBH 014 (PHOF C06) Smoking status at time of delivery
- PBH 018 (PHOF 2.05ii) Proportion of children aged 2-2.5years receiving ASQ-3 as part of the Healthy Child Programme or integrated review
- PBH 035i (PHOF C19a) Successful completion of drug treatment – opiate users
- PBH 035ii (PHOF C19b) Successful completion of drug treatment – non-opiate users
- PBH 035iii (PHOF C19c) Successful completion of alcohol treatment
- PBH 050 (PHOF D07) HIV late diagnosis (%)
- PBH 056 (PHOF E04b) Under 75 mortality rate from cardiovascular disease considered preventable (2019 definition)
- PBH 060 (PHOF E07a) Under 75 mortality rate from respiratory disease

The Key indicators reported in Q4 are:

- PBH 020 (PHOF C09a) Reception: Prevalence of overweight (including obesity)
- PBH 021 (PHOF C09b) Year 6: Prevalence of overweight (including obesity)
- PBH 024 (PHOF C11a) Hospital admissions caused by unintentional and deliberate injuries to children (0-4 years)
- PBH 026 (PHOF C11a) Hospital admissions caused by unintentional and deliberate injuries to children (0-14 years)
- PBH 027 (PHOF C11b) Hospital admissions caused by unintentional and deliberate injuries to children (15-24 years)

It is important to note that these Key indicators describe population level outcomes and are influenced by a broad range of different factors including national policy, legislation and cultural change which affect largely the wider determinants of health or through the actions of other agencies. Due to the long-time frame for any changes to be seen in these indicators the effect of local actions and interventions do not appear to have any effect on the Key indicators on a quarterly or even annual basis. Work continues to maintain and improve this performance by working in partnership to identify and tackle the health inequalities within and between communities in Darlington.

## **Quarter 4 Performance Summary**

### **Contract Indicators**

The contract indicators included in this highlight report are selected where a narrative is useful to understand performance described in the Key indicators to give an insight into the contribution that those directly commissioned services provided by the Public Health Grant have on the high level population Key indicators. There is a total of 5 indicators in Q4:

- PBH 015 –Number of adults identified as smoking in antenatal period
- PBH 037a – Number of young people (under 19) seen by Contraception and Sexual Health (CASH) Service
- PBH 037d – Number of young people (under 19) seen by Genitourinary Medicine (GUM) Service
- PBH 38 – Waiting times – number of adult opiates clients waiting over 3 weeks to start first intervention
- PBH 041 – Waiting times – number of adult alcohol only clients waiting over 3 weeks to start first intervention

### **COVID-19 impact on Q4 contract data**

With the impact of COVID-19 and the implementation of government guidance some key performance indicators in all contracts have been affected. This resulted in changes to the ways of working by providers to enable services to be delivered safely.

## KEY INDICATORS Q3

### KEY PBH 013c – (PHOF 2.02ii) Breastfeeding prevalence at 6-8 weeks after birth – current method

**Definition:** This is the percentage of infants that are totally or partially breastfed at age 6-8 weeks. Totally breastfed is defined as infants who are exclusively receiving breast milk at 6-8 weeks of age - that is, they are not receiving formula milk, any other liquids or food. Partially breastfed is defined as infants who are currently receiving breast milk at 6-8 weeks of age and who are also receiving formula milk or any other liquids or food. Not at all breastfed is defined as infants who are not currently receiving any breast milk at 6-8 weeks of age.

**Numerator:** The numerator is the count of the number of infants recorded as being totally breastfed at 6-8 weeks and the number of infants recorded as being partially breastfed.

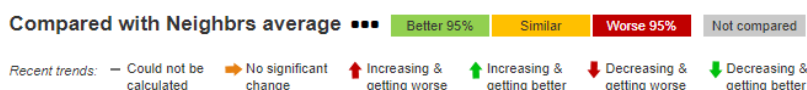
**Denominator:** The denominator is the total number of infants due a 6-8 weeks check.

**Latest update: 2019/20**      **Current performance: 33.5%**

Figure 1-CIPFA nearest neighbours' comparison

Area ▲▼	Recent Trend	Neighbour Rank ▲▼	Count ▲▼	Value ▲▼	95% Lower CI	95% Upper CI
England	↑	-	282,436	48.0*	47.9	48.1
<b>Neighbours average</b>	-	-	-	-	-	-
Derby	↑	4	1,329	45.9	44.1	47.7
Warrington	→	14	823	40.3	38.2	42.5
Darlington	→	-	321	33.5	30.6	36.6
Wigan	↑	15	1,078	32.7	31.2	34.4
Doncaster	-	13	1,123	32.3	30.8	33.9
St. Helens	-	5	500	27.9	25.9	30.0
Stockton-on-Tees	-	1	612	*	-	-
North East Lincolnshire	-	2	442	*	-	-
Dudley	-	3	1,527	*	-	-
Bolton	-	6	-	*	-	-
Calderdale	-	7	836	*	-	-
Telford and Wrekin	-	8	719	*	-	-
Plymouth	-	9	1,021	*	-	-
Bury	-	10	-	*	-	-
Tameside	-	11	997	*	-	-
Rotherham	-	12	914	*	-	-

Source: Public Health England Life Course Intelligence team



### What is the data telling us?

This data (from 201/20), shows that 33.5% of infants are totally or partially breastfed at 6-8 weeks after birth. Compared to our 16 statistical neighbours Darlington is ranked 3rd of our statistical nearest neighbours on Figure One show an asterisk in place of data; this means that Public Health England have not published these authorities' data for data quality reasons.

### Why is this important to inequalities?



The evidence base shows that there are significant health benefits for the mother and child including reduced infections as an infant and lower probability of obesity later in life. For the mother breastfeeding lowers the risk of developing breast and ovarian cancers. Breastfeeding is less prevalent in lower socioeconomic communities resulting in mothers and infants missing out on the known health benefits. This is a contributing factor in poorer health outcomes for both children and adults.

**What are we doing about it?**

Increasing the rates of breastfeeding is a key performance indicator within the 0-19 contract provided by Harrogate and District NHS Foundation Trust.

The Health Visiting team provides a proactive offer of structured breastfeeding help for new mothers during their first visit 10-14 days following the birth. The Health Visiting team also provide a range of extra support, including extra visits and calls, to new mothers who are identified as experiencing difficulties with breastfeeding.

During Covid the Health Visiting team have supported new mums virtually and offer telephone and face time support, where required.

### KEY PBH 014 - (PHOF C06) Smoking status at time of delivery

**Definition:** The number of mothers known to be smokers at the time of delivery as a percentage of all maternities. A maternity is defined as a pregnant woman who gives birth to one or more live or stillborn babies of at least 24 weeks gestation, where the baby is delivered by either a midwife or doctor at home or in a NHS hospital.

**Numerator:** Number of women known to smoke at time of delivery.

**Denominator:** Number of maternities where smoking status is known.

**Latest update: 2019/20**      **Current performance: 16.4%**

Figure 2-CIPFA nearest neighbours' comparison

Area ▲▼	Recent Trend	Neighbour Rank ▲▼	Count ▲▼	Value ▲▼	95% Lower CI	95% Upper CI
England	↓	-	58,834	10.4	10.3	10.5
<b>Neighbours average</b>	-	-	-	-	-	-
North East Lincolnshire	→	2	357	21.7	19.8	23.8
Doncaster	↑	13	518	17.0	15.7	18.3
Stockton-on-Tees	→	1	325	16.5	15.0	18.2
St. Helens	→	5	302	16.4	14.8	18.2
Darlington	→	-	161	16.4	14.2	18.8
Rotherham	→	12	393	16.2	14.8	17.7
Telford and Wrekin	→	8	313	15.4	13.9	17.0
Wigan	→	15	488	15.1	13.9	16.4
Tameside	→	11	327	13.6	12.3	15.1
Derby	→	4	384	13.5	12.3	14.8
Bolton	→	6	446	12.4	11.3	13.5
Plymouth	→	9	298	11.6	10.4	12.9
Dudley	→	3	360	11.3	10.2	12.4
Warrington	→	14	208	10.3	9.1	11.8
Bury	→	10	198	9.2	8.1	10.5
Calderdale	-	7	-	*	-	-

Source: Calculated by PHE from the NHS Digital return on Smoking Status At Time of delivery (SATOD)

**Compared with Neighbrs average** ■■■ Better 95% Similar Worse 95% Not compared

Recent trends: — Could not be calculated    → No significant change    ↑ Increasing & getting worse    ↑ Increasing & getting better    ↓ Decreasing & getting worse    ↓ Decreasing & getting better

### What is the data telling us?

The data shows that there is no significant change to the trend for women who smoke at time of delivery but 1 in 6 infants will be born to a mother who smokes. In comparison to our 16 statistically similar neighbours Darlington is ranked 5<sup>th</sup> a rise from 8<sup>th</sup> last year.

### Why is this important to inequalities?

Smoking in pregnancy has well known detrimental effects for the growth and development of the baby and health of the mother both in the short term and longer term. Being smoke

free in pregnancy is a significant contribution to the best start in life. Smoking prevalence, including in pregnancy, is higher in more deprived areas. This means that infants born to mothers who are smoking at pregnancy are more likely to be exposed to the effects of tobacco in the womb and at home when they are born. This can affect the health outcomes of the baby and increase the likelihood of specific diseases throughout their life and into adulthood.

Increasing the proportion of mothers who do not smoke during pregnancy will provide communities with the benefits of reduced harm from smoking, improve outcomes and reduce health inequalities.

### **What are we doing about it?**

The Stop Smoking Service has a contractual focus on reducing smoking at time of delivery. There are contractual incentives to support the service in improving the percentage of pregnant women who access the Specialist Service and who successfully quit from the most deprived wards. This includes training of midwives and other professionals in identifying women who smoke and particularly pregnant women and then to provide an evidence based intervention to help them address their smoking. The Service and the Public Health team are also working with partners to support the implementation of smoke free policies in workplaces and public spaces, including local public services.

**KEY PBH 018 (PHOF 2.05ii) Proportion of children aged 2-2.5years receiving ASQ-3 as part of the Healthy Child Programme or integrated review**

**Definition:** Percentage of children who received a 2-2½ year review in the period for whom the ASQ-3 is completed as part of their 2-2½ year review.

**Numerator:** Total number of children for which the ASQ-3 is completed as part of their 2-2½ year review.

**Denominator:** Total number of children who received a 2-2½ year review by the end of the period.

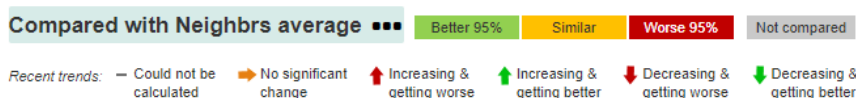
**Latest update: 2019/20**

**Current performance: 99.4%**

Figure 3-CIPFA nearest neighbours' comparison

Area ▲▼	Recent Trend	Neighbour Rank ▲▼	Count ▲▼	Value ▲▼		95% Lower CI	95% Upper CI
England	↑	-	471,802	92.6*		92.5	92.7
<b>Neighbours average</b>	-	-	31,204	96.1*		95.9	96.3
Dudley	-	3	3,347	100		99.9	100
Darlington	↑	-	1,071	99.4		98.7	99.7
Plymouth	↑	9	2,293	99.1*		98.7	99.4
Warrington	-	14	1,702	97.8		97.0	98.4
Stockton-on-Tees	-	1	1,925	97.6		96.8	98.2
North East Lincolnshire	↑	2	1,636	97.6		96.7	98.2
St. Helens	-	5	1,593	97.0		96.0	97.7
Rotherham	↑	12	2,891	96.8		96.1	97.4
Doncaster	→	13	3,173	96.4		95.7	96.9
Tameside	→	11	2,562	96.1		95.3	96.8
Derby	↓	4	2,715	95.1		94.2	95.8
Calderdale	↑	7	1,870	94.1		93.0	95.1
Wigan	-	15	2,840	94.1		93.2	94.9
Telford and Wrekin	-	8	1,586	84.3		82.6	85.8
Bolton	-	6	-	*		-	-
Bury	-	10	-	*		-	-

Source: National Child and Maternal Health Intelligence Network, Public Health England



**What is the data telling us?**

The latest data for 2019/20 at 99.4% is significantly better than the England and Regional figures. In comparison to CIPFA nearest neighbours, Darlington is ranked 2<sup>nd</sup>.

**Why is this important to inequalities?**

Children from the most disadvantaged communities have a poorer experience in the first years of life and experience the most inequalities throughout childhood and adulthood. The Ages and Stages

Questionnaire (ASQ3) provides a comprehensive assessment of child development including motor, problem solving and personal development. This provides an indication of the effectiveness and impact of services for 0-2 year olds but can also provide information for the planning for the provision of services for children over 2 years. The universal provision of ASQ3 assessments ensure that those from deprived communities who may have accumulated developmental deficits are identified at an early stage before they enter primary education at age 5.

**What are we doing about it?**

The current provider of 0-19 services (Harrogate and District NHS Foundation Trust) has worked to improve the timely completion of the 2-2.5 year check, its application and recording of the ASQ3 and its outcomes. This has shown consistent improvement from 87.9% of children receiving an ASQ3 for 2016/17 to 97.6% of children in 2017/18 to 97.7% in 2018/19 and 99.4% in 2019/20. The Service has surpassed the set target of 95%.

The Service has also continued to ensure that the assessment is of high quality through training and development of their staff. The Provider is working with Education and Early Years settings to ensure that individuals with poor scores are identified and with parental consent, are referred to specialist services for furthermore focused assessment and early intervention.

**KEY PBH 035i - (PHOF C19a) Successful completion of drug treatment – opiate users**

**Definition:** Number of users of opiates that left drug treatment successfully (free of drug(s) of dependence) who do not then re-present to treatment again within 6 months as a percentage of the total number of opiate users in treatment.

**Numerator:** The number of adults that successfully complete treatment for opiates in a year and who do not re-present to treatment within 6 months.

**Denominator:** The total number of adults in treatment for opiate use in a year.

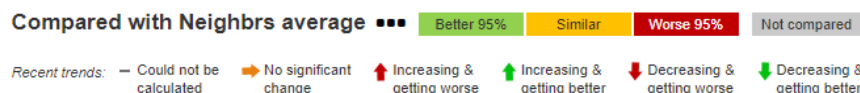
**Latest update: 2019**

**Current performance: 3.1%**

Figure 4-CIPFA nearest neighbours’ comparison

Area	Recent Trend	Neighbour Rank	Count	Value	95% Lower CI	95% Upper CI
England	↓	-	7,871	5.6		5.5 5.7
Neighbours average	-	-	649	4.9*		4.5 5.3
Warrington	→	14	48	8.9		6.7 11.5
Derby	→	4	76	7.2		5.8 8.9
Bury	→	10	31	6.4		4.6 9.0
Wigan	→	15	63	6.4		5.0 8.1
Calderdale	→	7	37	5.6		4.1 7.6
Telford and Wrekin	-	8	-	5.3		3.7 7.6
Dudley	→	3	44	5.0		3.8 6.7
Tameside	→	11	43	4.9		3.7 6.6
Rotherham	→	12	51	4.9		3.7 6.4
St. Helens	→	5	36	4.8		3.5 6.6
Plymouth	→	9	56	4.6		3.5 5.9
Bolton	→	6	52	4.1		3.2 5.4
Stockton-on-Tees	→	1	35	3.6		2.6 5.0
Darlington	→	-	13	3.1		1.8 5.2
Doncaster	↓	13	41	3.0		2.2 4.1
North East Lincolnshire	→	2	23	3.0		2.0 4.4

Source: Calculated by Public Health England: Knowledge and Intelligence Team (North West) using data from the National Drug Treatment Monitoring System



**What is the data telling us?**

The data shows a downward trend for Darlington in the number of successful completions of drug treatment for opiate users since 2013. This reflects a similar downward trend for both England the NE Region over the same period however the rate of reduction has been faster in Darlington but remained statistically similar to England until 2016. There has been a steady improvement from

since 2016, to 4.8% in 2018 and 3.1% in 2019. In comparison to our 16 neighbours Darlington is ranked 14<sup>th</sup>.

**Why is this important to inequalities?**

There is a strong correlation between deprivation and rates of substance misuse, including opiates. The most deprived communities suffer the most impact from substance misuse including poverty, family breakdown, homelessness, anti-social behaviour and crime and disorder. National data shows that there are lower rates of successful completions for drug treatment for opiate users in the most deprived communities.

**What are we doing about this?**

This is a key performance indicator within the new STRIDE (Support, Treatment and Recovery In Darlington through Empowerment Service) service contract and is monitored within the contract monitoring. The Public Health team has continued to work with We Are With You and Public Health England to understand if there are any unique characteristics of the local drug using population or changes in the wider system, including changes to benefits and other local services that might have contributed to the faster decrease in completions in Darlington compared to other areas.

The new Service has a radically different delivery model focussed on supporting sustained recovery in the community. This model uses the most up to date evidence and models of best practice to provide the best support to those who use substances in Darlington. This new model will improve the rate of successful completions in Darlington.

### KEY PBH 035ii - (PHOF C19b) Successful completion of drug treatment – non-opiate users

**Definition:** Number of users on non-opiates that left drug treatment successfully (free of drug(s) of dependence) who do not then re-present to treatment again within 6 months as a percentage of the total number of non-opiate users in treatment.

**Numerator:** The number of adults that successfully complete treatment for non-opiates in a year and who do not re-present to treatment within 6 months.

**Denominator:** The total number of adults in treatment for non-opiate use in a year.

**Latest update: 2019**

**Current performance: 19.3%**

Figure 5-CIPFA nearest neighbours' comparison

Area	Recent Trend	Neighbour Rank	Count	Value	95% Lower CI	95% Upper CI
England	↓	-	18,991	34.2	33.9	34.6
Neighbours average	-	-	1,493	34.1*	32.7	35.5
Warrington	→	14	96	48.5	41.6	55.4
Bury	→	10	100	47.8	41.2	54.6
Doncaster	→	13	59	45.4	37.1	54.0
Calderdale	↑	7	82	44.1	37.1	51.3
Telford and Wrekin	→	8	51	44.0	35.3	53.0
Dudley	→	3	151	40.4	35.5	45.4
Wigan	→	15	221	38.6	34.7	42.6
Bolton	↓	6	136	37.6	32.7	42.7
St. Helens	→	5	146	36.0	31.5	40.8
Derby	→	4	117	36.0	31.0	41.4
Plymouth	→	9	73	28.0	22.9	33.7
Stockton-on-Tees	↓	1	69	27.3	22.2	33.1
Tameside	→	11	105	25.5	21.6	30.0
Darlington	→	-	21	19.3	13.0	27.7
Rotherham	↓	12	39	16.1	12.0	21.3
North East Lincolnshire	↓	2	27	11.9	8.3	16.8

Source: Calculated by Public Health England: Knowledge and Intelligence Team (North West) using data from the National Drug Treatment Monitoring System

Compared with Neighbors average ■■■ Better 95% ■ Similar ■ Worse 95% ■ Not compared

Recent trends: — Could not be calculated → No significant change ↑ Increasing & getting worse ↓ Decreasing & getting worse ↕ Increasing & getting better ↘ Decreasing & getting better

#### What is the data telling us?

In 2018 Darlington was 33.1% which is higher than the CIPFA neighbours average and slightly lower than the England average of 34.4%. In 2019 Darlington is 19.3% again higher than the CIPFA neighbours average of 34.1% but lower than the England average of 34.2%.

#### Why is this important to inequalities?

National data shows lower rates of successful completion for drug treatment for non-opiate users in some of the most deprived sections of the population and the impact of substance misuse is greater in deprived communities.



### **What are we doing about this?**

This is a key performance indicator within the new STRIDE (Support, Treatment and Recovery In Darlington through Empowerment Service) service contract and is monitored within the contract monitoring. The Public Health team has continued to work with We Are With You and Public Health England to understand if there are any unique characteristics of the local drug using population or changes in the wider system, including changes to benefits and other local services that might have contributed to the faster decrease in completions in Darlington compared to other areas.

The new Service has a radically different delivery model focussed on supporting sustained recovery in the community. This model uses the most up to date evidence and models of best practice to provide the best support to those who use substances in Darlington. This new model will improve the rate of successful completions in Darlington.

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**KEY PBH 035iii - (PHOF C19c) Successful completion of alcohol treatment**

**Definition:** Number of alcohol users that left structured treatment successfully (free of alcohol dependence) who do not then re-present to treatment within 6 months as a percentage of the total number of alcohol users in structured treatment.

**Numerator:** The number of adults that successfully complete structured treatment for alcohol dependence in a year and who do not re-present to treatment within 6 months.

**Denominator:** The total number of adults in structured treatment for alcohol dependence in a year.

**Latest update: 2019**

**Current performance: 30.7%**

Figure 6-CIPFA nearest neighbours' comparison

Area ▲▼	Recent Trend	Neighbour Rank ▲▼	Count ▲▼	Value ▲▼	95% Lower CI	95% Upper CI
England	↓	-	28,677	37.8	37.5	38.2
<b>Neighbours average</b>	—	-	2,463	38.2*	37.0	39.3
Calderdale	↑	7	144	56.0	49.9	62.0
Telford and Wrekin	↑	8	102	50.2	43.4	57.1
Warrington	↑	14	229	48.2	43.7	52.7
St. Helens	→	5	188	46.7	41.8	51.5
Doncaster	↓	13	122	46.4	40.5	52.4
Dudley	→	3	228	45.8	41.5	50.2
Bolton	→	6	255	44.6	40.6	48.7
Wigan	→	15	302	39.6	36.2	43.1
Stockton-on-Tees	→	1	147	37.8	33.1	42.7
Plymouth	→	9	107	33.3	28.4	38.7
Bury	→	10	98	33.2	28.1	38.8
Tameside	→	11	171	33.2	29.3	37.4
Derby	→	4	175	32.2	28.4	36.2
Darlington	→	-	63	30.7	24.8	37.4
North East Lincolnshire	→	2	56	18.3	14.4	23.0
Rotherham	↓	12	76	17.0	13.8	20.8

Source: Calculated by Public Health England: Knowledge and Intelligence Team (North West) using data from the National Drug Treatment Monitoring System

**Compared with Neighbors average** ■■■ Better 95% Similar Worse 95% Not compared

Recent trends: — Could not be calculated → No significant change ↑ Increasing & getting worse ↑ Increasing & getting better ↓ Decreasing & getting worse ↓ Decreasing & getting better

**What is the data telling us?**

In 2018 Darlington (33.2%) is lower than the CIPFA neighbours average of 37.2% and lower than England 37.6%. In 2019 Darlington 30.7% is lower than the CIPFA neighbours average of 38.2% and lower than England 37.8%.

### **Why is this important to inequalities?**

National data suggests that those living in the most deprived communities are less likely to complete treatment for alcohol than those living in the least deprived communities. National data and the evidence suggest that although overall consumption of alcohol between the more affluent and deprived communities is similar the patterns of consumption including the strength of alcohol, is different. More deprived communities tend to show patterns of binge drinking with high strength alcohol. The evidence shows that the impact of alcohol harm is greater in the more deprived communities with worse health outcomes including early deaths and diseases related to alcohol, and worse social and economic outcomes including crime and disorder and anti-social behaviour.

Improving the access to effective treatment for alcohol addiction for those in the most deprived communities is essential in reducing the inequalities in outcomes such as healthy life expectancy for these communities.

### **What are we doing about this?**

This is a key performance indicator within the new STRIDE (Support, Treatment and Recovery In Darlington through Empowerment Service) service contract and is monitored within the contract monitoring. The Public Health team has continued to work with We Are With You and Public Health England to understand if there are any unique characteristics of the local drug using population or changes in the wider system, including changes to benefits and other local services that might have contributed to the faster decrease in completions in Darlington compared to other areas.

The new Service has a radically different delivery model focussed on supporting sustained recovery in the community. This model uses the most up to date evidence and models of best practice to provide the best support to those who use substances in Darlington. This new model will improve the rate of successful completions in Darlington.

### KEY PBH 050 - (PHOF D07) HIV late diagnosis (%)

**Definition:** Percentage of adults (aged 15 years or more) diagnosed with a CD4 cell count less than 350 cells per mm<sup>3</sup> among all newly diagnosed adults with CD4 cell count available within 91 days of diagnosis. These include all reports of HIV diagnoses made in the UK, regardless of country of first HIV positive test (i.e. including people who were previously diagnosed with HIV abroad).

Data are presented by area of residence, and exclude people diagnosed with HIV in England who are resident in Wales, Scotland, Northern Ireland or abroad.

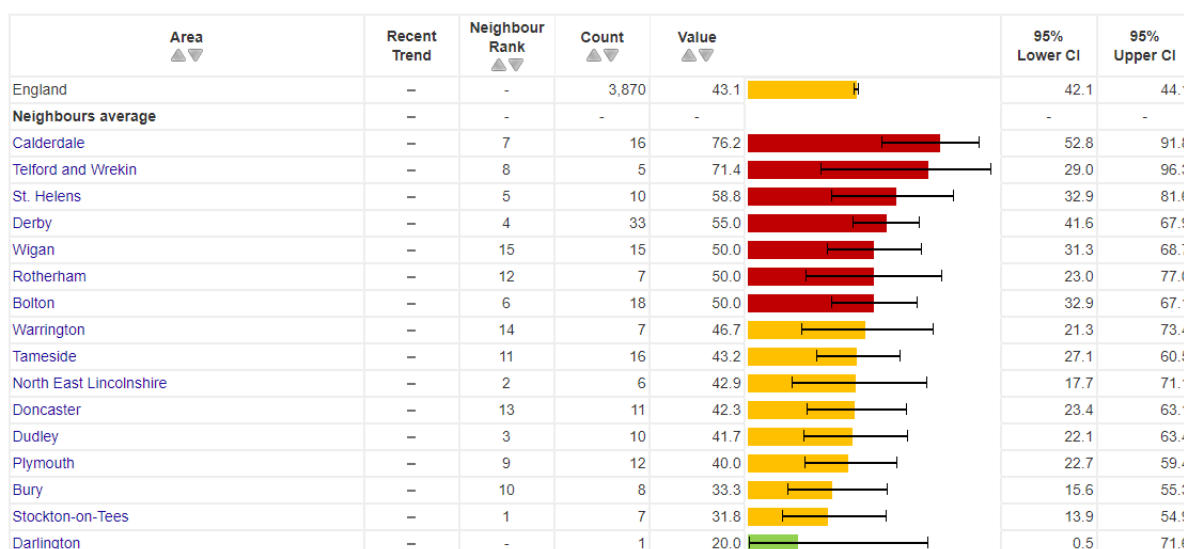
**Numerator:** The HIV and AIDS Reporting System (HARS), Public Health England.

**Denominator:** The HIV and AIDS Reporting System (HARS), Public Health England.

**Latest update:** 2017-19

**Current performance:** 20%

Figure 7-CIPFA nearest neighbours' comparison (Benchmarked against goal)



Source: Public Health England

**Benchmarked against goal** ■■■ <25% 25% to 50% ≥50% Not applicable

Recent trends: – Could not be calculated → No significant change

### What is the data telling us?

Darlington (20%) is statistically significantly better than England 43.1%. This shows that services provided for those who have increased risk of exposure to HIV are accessible and effective with most receiving a diagnosis at an earlier stage. The numbers of those presenting an HIV diagnosis in Darlington are relatively small.

### **Why is this important to inequalities?**

Late diagnosis is the most important predictor of morbidity and mortality among those with HIV infection. Those diagnosed late have a ten-fold risk of death compared to those diagnosed promptly and is essential to evaluate the success of expanded HIV testing. The evidence from local and national epidemiology and surveillance indicates that specific vulnerable groups are at greater likelihood of presenting late for HIV diagnosis.

### **What are we doing about this?**

The Sexual Health Service provided by County Durham and Darlington NHS Foundation Trust includes Genito Urinary Medicine (GUM) Service. The Service has increased the proportion of new patients receiving a comprehensive sexual health screen including an HIV risk assessment. This identifies those who are most at risk of exposure to HIV and provides the opportunity to provide them with targeted information, advice and support to reduce the risk of exposure and reduce the risk of any future infection. There are also more routes to access HIV testing through the use of postal testing.

Groups that are identified as being at greater risk of HIV infection are targeted through the provision of a Blood Borne Virus (BBV) service, through our Recovery and Well-being Service contract. This includes a well-established and well used needle exchange to reduce the exposure to HIV in those who inject drugs.

The Sexual Health Service also manages a condom distribution programme (C-Card) in Darlington for those under 25 years to reduce the potential for exposure to HIV through unprotected intercourse.

### KEY PBH 056 - (PHOF E04b) Under 75 mortality rate from cardiovascular disease considered preventable (2019 definition)

**Definition:** Age-standardised rate of mortality that is considered preventable from all cardiovascular diseases (including heart disease) in persons aged less than 75 years per 100,000 population.

**Numerator:** Number of deaths that are considered preventable from all cardiovascular diseases (classified by underlying cause of death recorded as ICD codes I71, I10-I13, I15, I20-I25, I60-I69, I70 and I73.9 all at 50% of the total count. Registered in the respective calendar years, in people aged under 75, aggregated into quinary age bands (0-4, 5-9, ..., 70-74).

**Denominator:** Population-years (aggregated populations for the three years) for people aged under 75, aggregated into quinary age bands (0-4, 5-9, ..., 70-74).

**Latest update: 2017 - 19**

**Current performance: 31.2 (per 100,000)**

Figure 8-CIPFA nearest neighbours' comparison

Area	Recent Trend	Neighbour Rank	Count	Value	95% Lower CI	95% Upper CI
England	—	-	40,823	28.2		27.9 28.4
<b>Neighbours average</b>	—	-	-	-		- -
Tameside	—	11	265	44.4		39.2 50.1
Bolton	—	6	287	39.4		35.0 44.3
North East Lincolnshire	—	2	175	39.0		33.4 45.2
St. Helens	—	5	195	37.8		32.7 43.5
Wigan	—	15	333	36.1		32.3 40.2
Rotherham	—	12	261	35.4		31.2 40.0
Telford and Wrekin	—	8	160	34.8		29.6 40.6
Derby	—	4	204	34.5		29.9 39.6
Doncaster	—	13	287	33.6		29.9 37.8
Bury	—	10	168	33.2		28.4 38.6
Calderdale	—	7	187	32.0		27.6 36.9
Dudley	—	3	281	31.9		28.3 35.9
Warrington	—	14	181	31.6		27.1 36.6
Darlington	—	-	94	31.2		25.2 38.2
Plymouth	—	9	201	30.0		26.0 34.4
Stockton-on-Tees	—	1	154	29.2		24.7 34.2

Source: Public Health England (based on ONS source data)

Compared with Neighbours average ■■■ Better 95% ■ Similar ■ Worse 95% ■ Not compared

Recent trends: — Could not be calculated → No significant change ↑ Increasing & getting worse ↑ Increasing & getting better ↓ Decreasing & getting worse ↓ Decreasing & getting better

#### What is the data telling us?

The data shows that after a long period of reduction in the under 75 years mortality rate from cardiovascular diseases considered preventable in Darlington the rate of reduction is slowing. The table shows that compared to our 16 CIPFA neighbours Darlington is ranked 14<sup>th</sup>.

#### Why is this important to inequalities?

The most deprived communities have the highest rates of modifiable or preventable CVD risk factors compared to the wider population. Prevalence in these communities is greater in the most deprived communities with take up of preventative and early diagnosis poorer. This results in those in the most deprived communities experiencing worse outcomes including late diagnosis which can result

in emergency admission, disability and earlier deaths. Inequalities also exist between men and women, with men experiencing significantly worse rates and outcomes in relation to CVD than women. Therefore, men living in the most deprived communities in Darlington are most likely to experience the worst outcomes.

**What are we doing about this?**

The Authority, NHS England, Public Health England and the clinical commissioning group is working to improve access to and take up of opportunities for the early identification and treatment of CVD in the population, particularly in those high-risk communities.

Primary Health Care Darlington manage the NHS Health Checks contract, through a sub-contracting arrangement with all 11 GP Practices in Darlington. The NHS Health Check offer has been impacted by Covid with GP Practices unable to send the high volume of invites out to people. NHS Health Checks have continued to be offered throughout the Covid pandemic at a reduced rate to those who have been in contract with their GP Practice. Numbers are expected to improve in the future.

**KEY PBH 060 - (PHOF E07a) Under 75 mortality rate from respiratory disease**

**Definition:** Age-standardised rate of mortality from respiratory disease in persons less than 75 years per 100,000 population.

**Numerator:** Number of deaths from respiratory diseases (classified by underlying cause of death recorded as ICD codes J00-J99) registered in the respective calendar years, in people aged under 75, aggregated into quinary age bands (0-4, 5-9, ..., 70-74).

**Denominator:** Population-years (aggregated populations for the three years) for people of all ages, aggregated into quinary age bands (0-4, 5-9, ..., 70-74).

**Latest update: 2017 - 19**

**Current performance: 47.3 (per 100,000)**

Figure 9-CIPFA nearest neighbours' comparison

Area ▲▼	Recent Trend	Neighbour Rank ▲▼	Count ▲▼	Value ▲▼		95% Lower CI	95% Upper CI
England	—	-	49,555	34.2		33.9	34.5
<b>Neighbours average</b>	—	-	-	-		-	-
Bolton	—	6	385	53.1		47.9	58.7
Tameside	—	11	316	53.0		47.3	59.2
St. Helens	—	5	275	52.5		46.5	59.1
Rotherham	—	12	375	50.7		45.7	56.1
Wigan	—	15	452	48.7		44.3	53.4
Darlington	—	-	143	47.3		39.9	55.7
North East Lincolnshire	—	2	204	45.4		39.4	52.1
Doncaster	—	13	385	45.2		40.8	49.9
Calderdale	—	7	257	44.0		38.7	49.7
Telford and Wrekin	—	8	197	43.0		37.2	49.5
Stockton-on-Tees	—	1	220	42.0		36.6	47.9
Derby	—	4	232	39.5		34.5	44.9
Plymouth	—	9	261	38.6		34.0	43.6
Dudley	—	3	327	37.1		33.2	41.4
Bury	—	10	183	36.2		31.2	41.9
Warrington	—	14	188	33.3		28.7	38.5

Source: Public Health England (based on ONS source data)

**Compared with Neighbrs average** ●●● Better 95% Similar Worse 95% Not compared

Recent trends: — Could not be calculated    ➡ No significant change    ⬆ Increasing & getting worse    ⬆ Increasing & getting better    ⬇ Decreasing & getting worse    ⬇ Decreasing & getting better

**What is the data telling us?**

Darlington’s rate of 47.3 per 100,000 and England’s rate is 34.2 per 100,000. Compared to our 16 CIPFA neighbours Darlington is ranked 6<sup>th</sup>.

**Why is this important to inequalities?**

National data shows that the under 75 years mortality rate for respiratory disease is not equally distributed across the population with those in the most deprived parts of the population having the worst rates of mortality. There are also inequalities between males and females, with males having the worst rates of mortality. This means that men from our most deprived communities are statistically more likely to experience morbidity and premature mortality from respiratory disease.



### **What are we doing about it?**

The Authority is proactive in a number of areas which can contribute to the reduction of this rate. Smoking tobacco is identified as the greatest single modifiable risk factor. The Authorities regulatory services takes proactive action to enforce smoke free legislation to reduce exposure to second hand tobacco smoke as well as monitoring and enforcing point of sale regulations for the sale of tobacco products.

Air pollution is identified as a significant risk factor in the development of lung disease and the Authority is active in action to monitor and reduce air pollution produced by homes, industry and transport. This includes considerations of the impact of pollution in local economic development plans.

The Public Health team commissions a range of primary prevention interventions supported by the School Nurse team through the PHSE curriculum which highlights the harms from tobacco. This is underpinned by the Healthy Lifestyles Survey which provides valuable opportunity for intervention in relation to smoking in young people. The survey also provides intelligence in relation to the attitudes and smoking behaviours of young people in Darlington.

The Public Health team also commission a Stop Smoking Service which identifies those with established respiratory disease as a priority group for specialist stop smoking support.

## KEY INDICATORS Q4

### KEY PBH 020 – (PHOF C09a) Reception: Prevalence of overweight (including obesity)

**Definition:** Proportion of children aged 4-5 years classified as overweight or obese. Children are classified as overweight (including obese) if their BMI is on or above the 85th centile of the British 1990 growth reference (UK90) according to age and sex.

**Numerator:** Number of children in Reception (aged 4-5 years) classified as overweight or obese in the academic year. Children are classified as overweight (including obese) if their BMI is on or above the 85th centile of the British 1990 growth reference (UK90) according to age and sex.

**Denominator:** Number of children in Reception (aged 4-5 years) measured in the National Child Measurement Programme (NCMP) attending participating state maintained schools in England.

**Latest update: 2019/20**

**Current performance: 25.8% (Reception)**

Figure 1-CIPFA nearest neighbours' comparison (Reception)

Area ▲▼	Recent Trend	Neighbour Rank ▲▼	Count ▲▼	Value ▲▼	95% Lower CI	95% Upper CI
England	↑	-	91,723	23.0	22.8	23.1
<b>Neighbours average</b>	-	-	-	-	-	-
St. Helens	→	5	385	28.3*	26.0	30.8
Plymouth	→	9	405	27.7*	25.6	30.2
Tameside	→	11	295	27.1*	24.4	29.6
Dudley	→	3	550	27.1*	25.3	29.1
Doncaster	↑	13	920	26.7	25.2	28.1
Rotherham	↑	12	465	26.6*	24.6	28.7
Telford and Wrekin	→	8	320	26.1*	23.9	28.8
North East Lincolnshire	→	2	490	26.1	24.1	28.1
Darlington	→	-	290	25.8	23.4	28.6
Wigan	→	15	890	25.4	24.1	26.9
Calderdale	↑	7	475	23.1	21.4	25.0
Warrington	→	14	350	22.9*	21.0	25.2
Stockton-on-Tees	→	1	265	21.6*	19.6	24.2
Derby	→	4	445	21.5*	19.8	23.4
Bolton	-	6	-	*	-	-
Bury	-	10	-	*	-	-

Source: NHS Digital, National Child Measurement Programme

Compared with benchmark ■ Better ■ Similar ■ Worse ■ Not compared

### KEY PBH 021 – (PHOF C09b) Year 6: Prevalence of overweight (including obesity)

**Definition:** Proportion of children aged 10-11 classified as overweight or obese. Children are classified as overweight (including obese) if their BMI is on or above the 85th centile of the British 1990 growth reference (UK90) according to age and sex.

**Numerator:** Number of children in Year 6 classified as overweight or obese in the academic year. Children are classified as overweight (including obese) if their BMI is on or above the 85th centile of the British 1990 growth reference (UK90) according to age and sex.

**Denominator:** Number of children in Year 6 (aged 10-11 years) measured in the National Child Measurement Programme (NCMP) attending participating state-maintained schools in England.

**Latest update: 2019/20**      **Current performance: 37.8% (Year 6)**

Figure 2-CIPFA nearest neighbours' comparison (Year 6)

Area ▲▼	Recent Trend	Neighbour Rank ▲▼	Count ▲▼	Value ▲▼	95% Lower CI	95% Upper CI
England	↑	-	172,831	35.2	35.1	35.3
<b>Neighbours average</b>	-	-	13,380	37.7*	37.2	38.2
Dudley	↑	3	1,410	42.1	40.4	43.8
St. Helens	→	5	660	41.0	38.8	43.6
Telford and Wrekin	→	8	760	40.0	37.9	42.3
Derby	→	4	1,245	38.9	37.2	40.6
Wigan	→	15	1,430	38.6	37.1	40.3
Doncaster	↑	13	1,370	38.3	36.7	39.9
Rotherham	→	12	840	37.9*	35.9	39.9
Darlington	→	-	470	37.8	35.1	40.5
North East Lincolnshire	→	2	680	37.0	34.8	39.2
Tameside	→	11	955	36.2	34.5	38.2
Bolton	→	6	1,385	36.1	34.5	37.6
Calderdale	→	7	780	35.0	32.9	36.9
Stockton-on-Tees	→	1	440	34.8*	32.4	37.6
Plymouth	→	9	475	33.5*	30.9	35.8
Warrington	→	14	480	32.1*	29.9	34.6
Bury	-	10	-	*	-	-

Source: NHS Digital, National Child Measurement Programme

Compared with benchmark    ■ Better    ■ Similar    ■ Worse    ■ Not compared

#### What is the data telling us?

Excess weight in 4-5 year olds in Darlington is not compared to the national figure for 2019/20 and statistically similar for excess weight in 10-11 year olds. Excess weight in 10-11 year olds largely follows the national trend of a slow increase since 2010/11.

In comparison to our 16 nearest statistical neighbours, Darlington has the 9<sup>th</sup> highest percentage of reception children with excess weight and the 8<sup>th</sup> highest percentage of Year 6 children with excess weight.

#### Why is this important to inequalities?

The risk of obesity in adulthood and risk of future obesity-related ill health are greater as children get older.

There is concern about the rise of childhood obesity and the implications of such obesity persisting into adulthood. Studies tracking child obesity into adulthood have found that the probability of overweight and obese children becoming overweight or obese adults increases with age.

The health consequences of childhood obesity include: increased blood lipids, glucose intolerance, type 2 diabetes, hypertension, increases in liver enzymes associated with fatty liver, exacerbation of conditions such as asthma and psychological problems such as social isolation, low self-esteem, teasing and bullying.

### **What are we doing about it?**

The Childhood Healthy Weight Plan for Darlington aims to increase the proportion of children leaving primary school with a healthy weight. This plan works with partners including parents, schools and other agencies to take a whole systems approach to reducing childhood obesity.

There are key performance indicators (KPIs) within the 0-19 Public Health Services contract which will have an influence on this indicator. For Reception aged children the 0-5 Health Visiting team provides specific visits and focussed work in the first weeks and months of life to support new mothers making choices around breastfeeding, infant feeding and weaning to reduce the risks of infants becoming obese before they start in reception. Due to the impact of COVID-19, most appointments have taken place virtually, unless it has been necessary for a Health Visitor to make a visit in person, in those case full PPE has been worn.

The 0-19 Public Health Services contract also contains specific KPIs in relation to the delivery of the National Child Measurement Programme (NCMP). Last year the Service achieved 96% participating in reception and 98% in year 6, in the NCMP. This includes the proportion of children in each age group measured and the proportion of parents of those children who take part in the NCMP who receive a personalised letter informing them of the results and what this might mean for the health of their child. There is also a KPI in this contract that measures any intervention that the School Nurse may implement with the family as a result of their result. This is beyond the advice and signposting of the family to potential interventions that are designed to help children achieve a healthy weight.

This year, the NCMP has been unable to facilitated in all schools due to COVID-19 and schools being closed. From April 2021, the programme is being reintroduced in schools.

**KEY PBH 024 - (PHOF C11a) Hospital admissions caused by unintentional and deliberate injuries to children (0-4 years)**

**KEY PBH 026 - (PHOF C11a) Hospital admissions caused by unintentional and deliberate injuries to children (0-14 years)**

**KEY PBH 027 - (PHOF C11b) Hospital admissions caused by unintentional and deliberate injuries to children (15-24 years)**

**Definition:** Crude rate of hospital admissions caused by unintentional and deliberate injuries in children aged under 5 years, under 15 years and 15-24 years per 10,000 resident population aged under 5 years, under 15 years and 15-24 years.

**Numerator:** The number of finished emergency admissions (episode number = 1, admission method starts with 2), with one or more codes for injuries and other adverse effects of external causes (ICD 10: S00-T79 and/or V01-Y36) in any diagnostic field position, in children (aged 0-4 years). Admissions are only included if they have a valid Local Authority code.

**Denominator:** Local authority figures: Mid-year population estimates: Single year of age and sex for local authorities in England and Wales; estimated resident population.

**Latest Update: 2019/20**

**Current performance: 207.3 (0-4 years), 135.0 (0-14 years) and 159.0 (15-24 years)**

Figure 3-CIPFA nearest neighbours' comparison (0-4 years)

Area	Recent Trend	Neighbour Rank	Count	Value	95% Lower CI	95% Upper CI
England	↓	-	38,596	117.0	115.8	118.1
<b>Neighbours average</b>	-	-	-	-	-	-
Bury	→	10	270	231.0	204.3	260.3
Darlington	→	-	120	207.3	170.3	245.9
Tameside	→	11	245	170.8	151.3	195.0
Calderdale	→	7	205	168.2	146.7	193.7
Telford and Wrekin	→	8	175	161.4	137.5	186.2
Plymouth	→	9	230	157.2	136.3	177.4
Warrington	→	14	180	155.2	132.6	178.7
St. Helens	→	5	140	138.7	117.6	164.7
Bolton	↓	6	260	135.7	118.7	152.1
North East Lincolnshire	→	2	120	130.9	110.5	158.9
Stockton-on-Tees	↓	1	150	130.9	112.4	155.5
Wigan	→	15	240	130.9	115.3	149.1
Doncaster	→	13	190	105.2	90.7	121.2
Dudley	↓	3	145	77.3	64.2	89.8
Rotherham	↓	12	115	73.9	61.6	89.4
Derby	→	4	95	58.2	46.5	70.5

Source: Hospital Episode Statistics (HES), NHS Digital for the respective financial year, England. Hospital Episode Statistics (HES) Copyright © 2020, Re-used with the permission of NHS Digital. All rights reserved. Local Authority estimates of resident population, Office for National Statistics (ONS)

Compared with benchmark    Better   Similar   Worse   Lower   Similar   Higher   Not compared

Figure 4-CIPFA nearest neighbours' comparison (0-14 years)

Area	Recent Trend	Neighbour Rank	Count	Value	95% Lower CI	95% Upper CI	
England	↓	-	92,926	91.2		90.6	91.8
<b>Neighbours average</b>	-	-	6,965	101.9*		99.5	104.3
Bury	→	10	505	137.9		125.8	150.1
Darlington	→	-	255	135.0		118.0	151.5
Warrington	→	14	495	133.0		121.8	145.5
Calderdale	→	7	505	129.9		118.8	141.8
Telford and Wrekin	→	8	435	124.4		112.7	136.4
St. Helens	→	5	380	121.6		109.7	134.4
Tameside	↓	11	505	116.9		107.4	128.0
Wigan	→	15	655	112.8		104.7	122.2
Plymouth	↓	9	465	103.2		94.2	113.2
Stockton-on-Tees	↓	1	375	101.0		91.6	112.3
North East Lincolnshire	→	2	285	97.3		86.6	109.6
Bolton	↓	6	550	94.6		87.0	103.0
Doncaster	→	13	510	89.8		82.0	97.8
Dudley	↓	3	430	73.4		67.0	81.1
Rotherham	↓	12	330	67.9		60.4	75.2
Derby	→	4	285	56.1		49.5	62.7

Source: Hospital Episode Statistics (HES), NHS Digital for the respective financial year, England. Hospital Episode Statistics (HES) Copyright © 2020, Re-used with the permission of NHS Digital. All rights reserved. Local Authority estimates of resident population, Office for National Statistics (ONS)

Figure 5-CIPFA nearest neighbours' comparison (15-24 years)

Area	Recent Trend	Neighbour Rank	Count	Value	95% Lower CI	95% Upper CI	
England	→	-	86,922	132.1		131.3	133.0
<b>Neighbours average</b>	-	-	6,170	149.5*		145.8	153.3
St. Helens	→	5	505	269.9		246.4	293.9
Warrington	→	14	580	264.2		244.0	287.6
Wigan	↑	15	730	211.1		196.1	227.0
Stockton-on-Tees	→	1	350	171.2		154.1	190.6
Bury	↑	10	330	160.9		143.1	178.2
Darlington	→	-	175	159.0		138.0	186.3
Doncaster	→	13	485	149.0		135.5	162.3
Calderdale	→	7	320	142.2		127.0	158.7
Telford and Wrekin	→	8	295	138.9		123.1	155.2
North East Lincolnshire	→	2	220	135.3		119.2	155.7
Derby	→	4	440	128.1		116.2	140.4
Bolton	→	6	420	126.6		115.1	139.6
Tameside	↓	11	285	117.1		104.3	132.0
Plymouth	↓	9	415	109.8		100.0	121.5
Rotherham	→	12	305	106.9		95.3	119.6
Dudley	↓	3	315	90.4		80.1	100.3

Source: Hospital Episode Statistics (HES), NHS Digital for the respective financial year, England. Hospital Episode Statistics (HES) Copyright © 2020, Re-used with the permission of NHS Digital. All rights reserved. Local Authority estimates of resident population, Office for National Statistics (ONS)

Compared with benchmark Better Similar Worse Lower Similar Higher Not compared

**What is the data telling us?**

Darlington has consistently since 2010/11, reported higher rates of 0-4 year olds, 0-14 year olds and 15-24 year olds admitted to hospital for unintentional and deliberate injuries, in comparison to the England rate. This is also true when benchmarking Darlington rates against regional data.

The latest data (2019/20) shows Darlington has the 2<sup>nd</sup> highest rate of hospital admissions for 0-4 years and 0-14 years among our nearest statistical neighbours. For 15-24 years hospital admissions, Darlington has the 6<sup>th</sup> highest rate among our statistical nearest neighbours.

### **Why is this important to inequalities?**

Injuries are a leading cause of hospitalisation and represent a major cause of morbidity and premature mortality for children and young people. They are also a source of long-term health issues, including mental health related to experience(s).

It is estimated that across England one in 12 deaths in children aged 0-4 years old can be attributed to injuries in and around the home.

Available data for this age group in England suggests that those living in more deprived areas (as defined by the IMD 2015) are more likely to have an unintentional injury than those living in least deprived areas.

Preventing unintentional injuries has been identified as part of Public Health England's Giving Every Child the Best Start in Life priority actions.

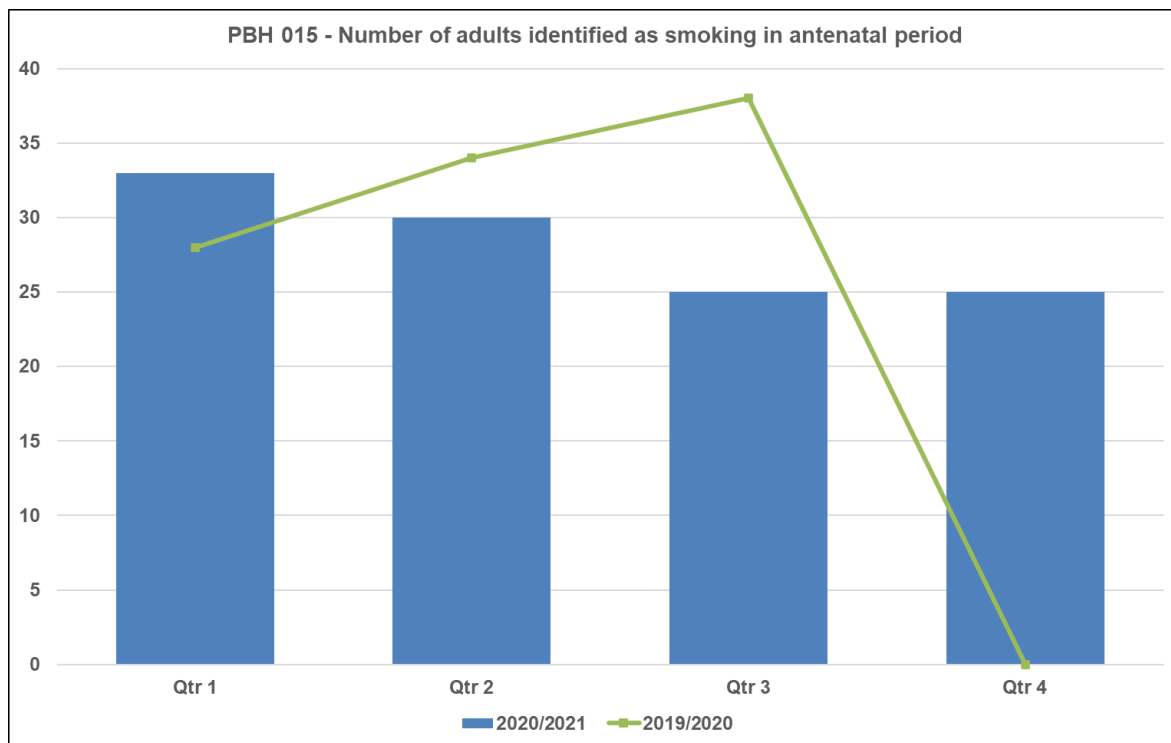
### **What are we doing about it?**

This issue requires system wide action with input from a range of different partners. Public Health commenced a piece of work in partnership with the CCG to undertake a detailed examination of the A+E and admission data, to identify any trends or commonalities to identify potential underlying reasons which may be driving this increased admission. Unfortunately, due to COVID-19 this piece of work has been delayed.

The 0-19 Public Health Service to include some specific actions and evidence-based interventions within the contract to contribute to the reduction of accidents in children. This includes working with parents at every visit and providing them with information, guidance and support in relation to home safety and accident prevention for their child. This will also include signposting or referral to other agencies or services for specific or targeted support for the family.

**Contract Indicator's Q4:**

**PBH 015 Number of adults identified as smoking in the antenatal period**



**Service Provider: County Durham and Darlington NHS Foundation Trust**

**What is the data telling us?**

The data shows an increase of women who are recorded as smokers while pregnant, from last year. This means that more unborn babies are exposed to the harm from tobacco before they are born. This data needs to be considered with caution due to the impact of COVID-19 on the ante-natal visits.

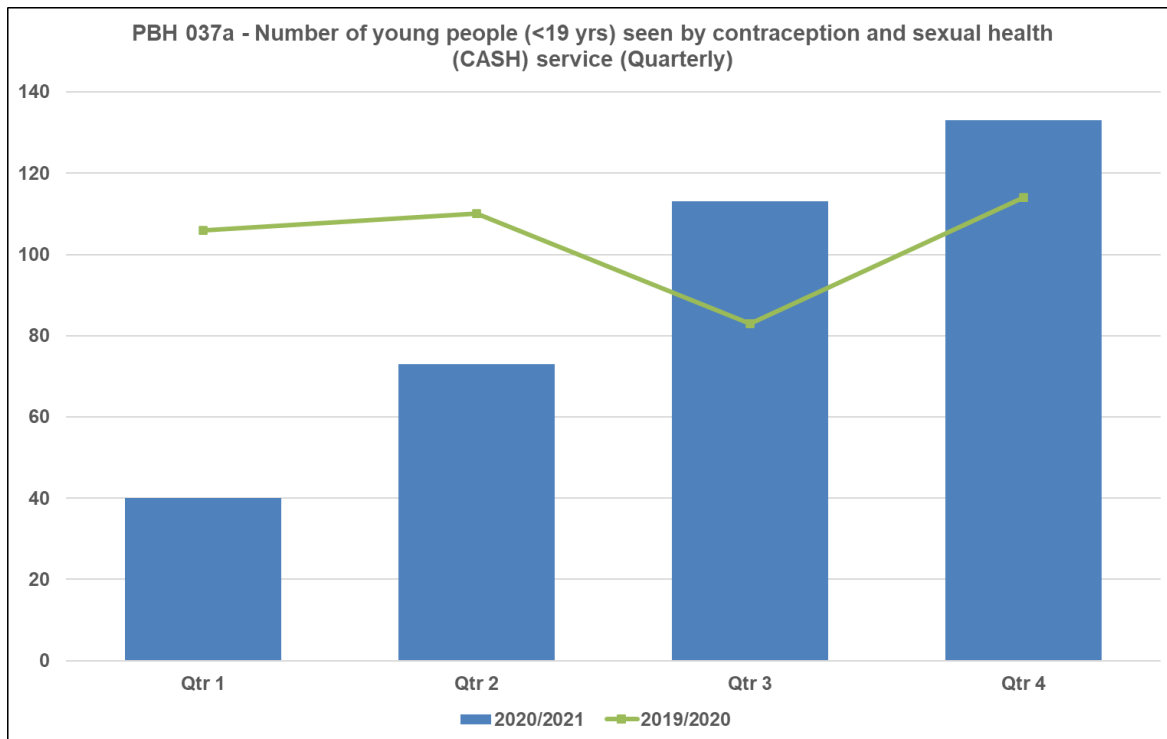
**What more needs to happen?**

The regional and local Maternity Services Public Health Prevention Plan has a focus on reducing the harm to children from tobacco during and after pregnancy. County Durham and Darlington Foundation Trust (CDDFT) are implementing some key actions including more focussed training and support for midwives in brief interventions, better screening and automatic referral to specialist services, better access to pharmacotherapies and more consistent support for mothers throughout pregnancy.

More actions are recommended including seamless referral to Stop Smoking Services and more advanced smoking cessation training by midwives. These actions will be undertaken by CDDFT Maternity Services across the Trust and supported by partners including the Clinical Commissioning Group and the Public Health team.



**PBH 037a Number of young people (<19yrs) seen by Contraception and Sexual Health (CASH) Services**



**Service Provider:** County Durham and Darlington NHS Foundation Trust

**What is the data telling us?**

The data has been recorded differently since last year and this shows a decrease in the quarter 1 and 2 of the year. During quarter 3 and 4 the numbers have increased, this data needs to be considered with caution due to the impact of COVID-19 on the service.

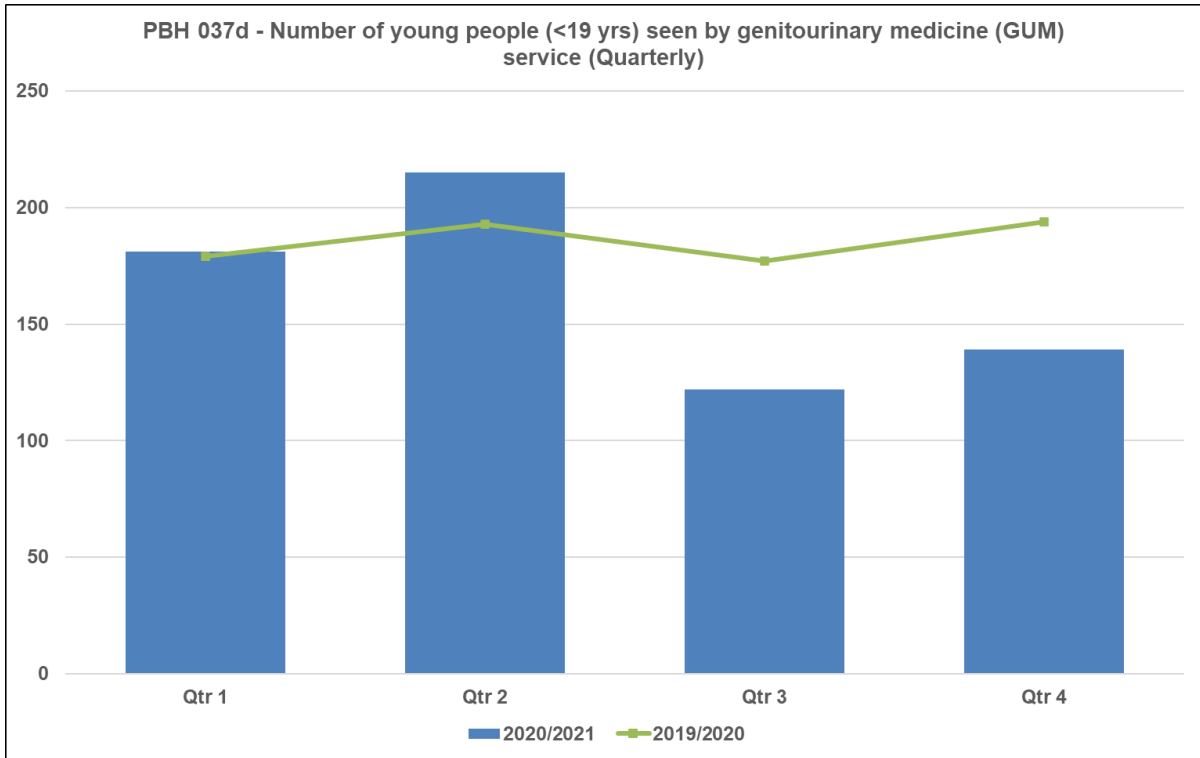
This means that the numbers of young people aged under 19 years who have been seen by the Contraceptive and Sexual Health (CASH) Service has slightly reduced from a total of 413 in 2019/20 to 359 in 2020/21. This shows that despite the impact of COVID-19 young people are confident in and able to better access this service and are making active choices about contraception.

**What more needs to happen?**

The integrated Sexual Health Service contract has a single point of contact which streams and triages service users into the most appropriate Service, based on the presenting condition, along with a more flexible appointment system.

The Service offers an accessible service for young people and with the introduction of online services work continues to integrate this Service to ensure that all service users including young people get a consistent high-quality Service.

**PBH 037d Number of young people (<19yrs) seen by genitourinary medicine (GUM)**



**Service Provider:** County Durham and Darlington NHS Foundation Trust

**What is the data telling us?**

The data shows a decrease in the numbers of young people under the age of 19 years that were seen by the Sexual Health Services in Darlington compared to the same period last year. This data needs to be considered with caution due to the impact of COVID-19 on the service.

There has been a corresponding increase in contraception attendance in this age group as a result of the single point of contact established with the new contract resulting in more efficient streaming of individuals into the right service.

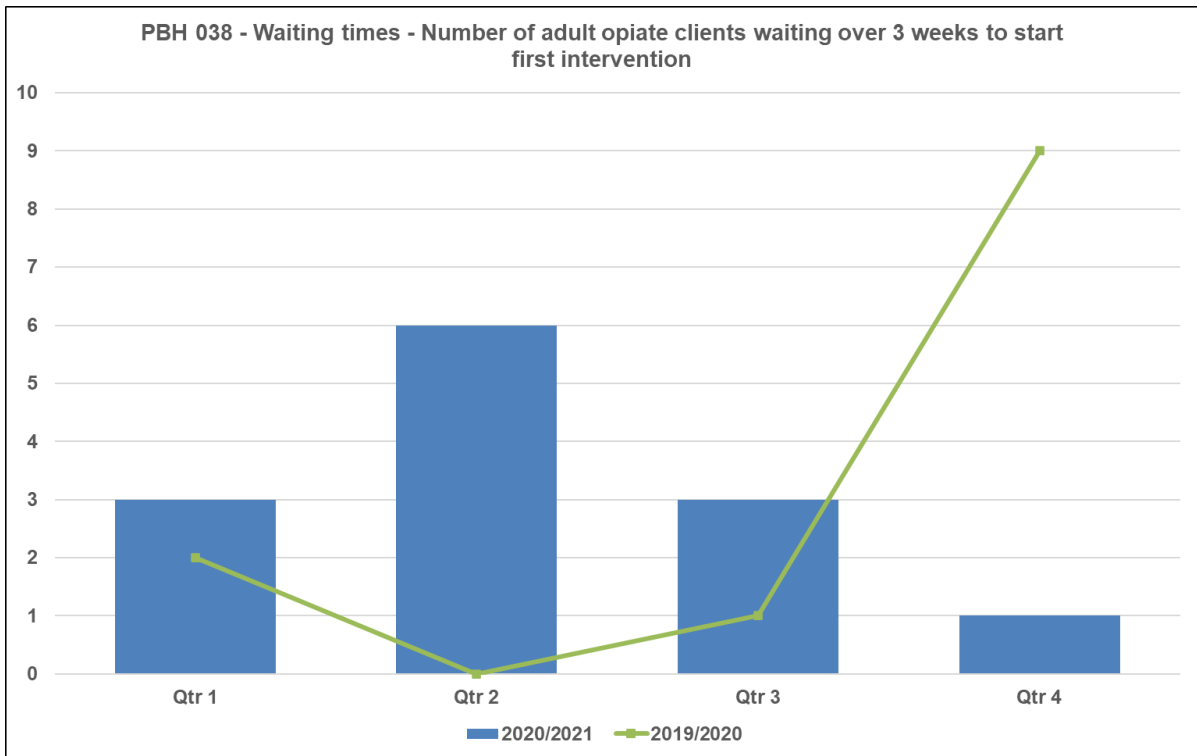
**What more needs to happen?**

The integrated Sexual Health Service contract has a single point of contact which streams and triages service users into the most appropriate Service, based on the presenting condition, along with a more flexible appointment system.

The Provider continues to work to ensure that GUM services remain accessible to young people. This includes implementing options such as postal testing for common diseases such as Chlamydia and offering condoms online. The Provider also offers other options for result notifications including text

services. This reduces the requirement for young people to have make time or have to travel to visit the clinic for low risk or routine processes.

**PBH 038**  
**Waiting times – number of adult opiate clients waiting over 3 weeks to start first intervention**



**Service Provider: We Are With You (WAWY)**

**What is the data telling us?**

The data shows a decrease in the numbers of service users who waited over 3 weeks to start their first intervention for opiates compared to the last quarter and the same period last year. A total of 1 service users waited more than 3 weeks to start their first treatment for alcohol in Q4 this year compared to 9 in Q4 last year.

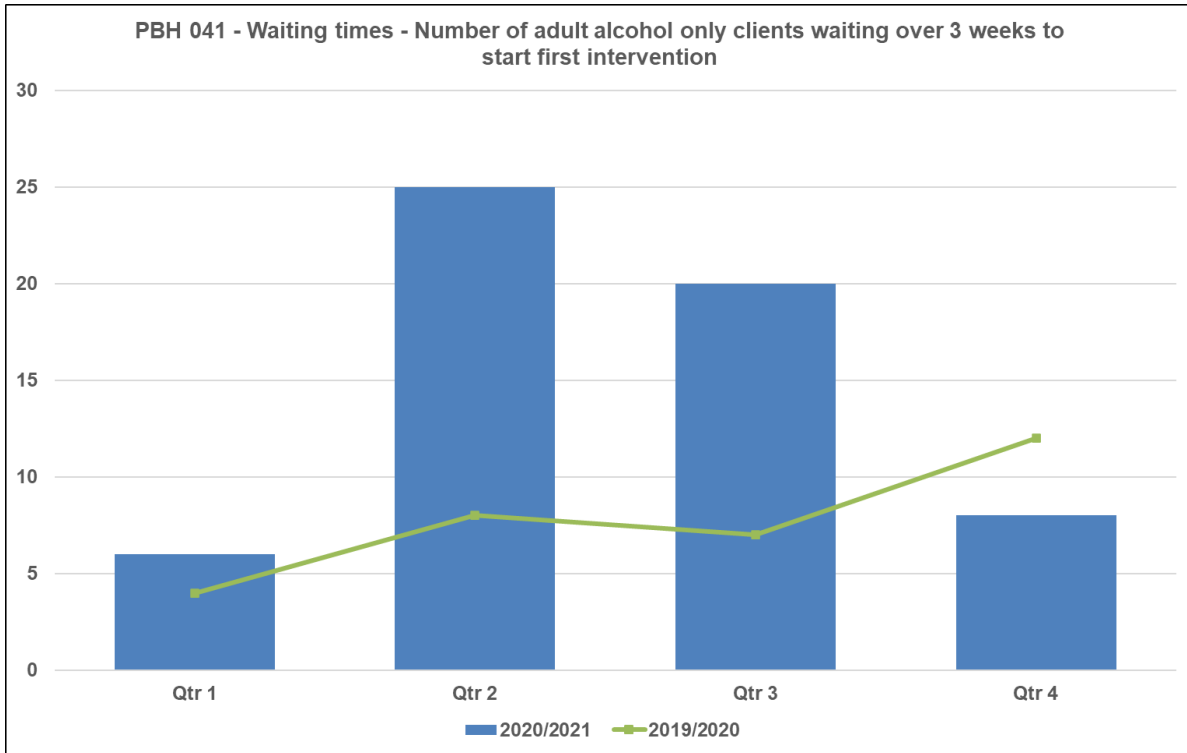
We Are With You took over the contract in August 2020 during the COVID-19 pandemic and there have been challenges to fully mobilise the Service. The data shows us that the new provider has reduced waiting times over the last few quarters, from the peak in Q2, which is when the new Service commenced operation.

**What more needs to happen?**

All service users had been assessed at first presentation and none required urgent intervention or referral. The Provider continues to work to ensure that capacity is sufficient to meet demand and continues to monitor Does Not Attend rates.

Due to COVID-19 restricted contacts with services users, high risk clients continue to be prioritised, which in turn has seen an increase in exceeding waiting times where risk is deemed as low.

**PBH 041**  
**Waiting times – number of adults alcohol only clients waiting over 3 weeks to start first intervention**



**Service Provider: We Are With You (WAWY)**

**What is the data telling us?**

The data shows a decrease in the numbers of service users who waited over 3 weeks to start their first intervention for alcohol compared to the last quarter and the same period last year. A total of 8 service users waited more than 3 weeks to start their first treatment for alcohol in Q4 this year compared to 12 in Q4 last year.

We Are With You took over the contract in August 2020 during the COVID-19 pandemic and there have been challenges to fully mobilise the Service. The data shows us that the new provider has reduced waiting times over the last few quarters, from the peak in Q2, which is when the new Service commenced operation.

**What more needs to happen?**

All service users had been assessed at first presentation and none required urgent intervention or referral. The Provider continues to work to ensure that capacity is sufficient to meet demand and continues to monitor Does Not Attend rates.

Due to COVID-19 restricted contacts with services users, high risk clients continue to be prioritised, which in turn has seen an increase in exceeding waiting times where risk is deemed as low.